

Health Topics for the Year

January

- Cervical Cancer Awareness

February

- Healthy weight month
- Cardiac (heart) Rehabilitation

March

- Earth, Water, Air (Green) Awareness
- Contributions to Women's Health

April

- STD Awareness Month
- Spring Break Safety
- Irritable Bowl Syndrome (IBS) Awareness

May

- Asthma & Allergy
- Better Sleep

June

- HIV Awareness
- Men's health

July

- Firework Safety
- UV Safety
- Massage & Therapeutic