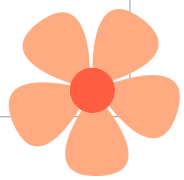


05

MAY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 • Health & Wellness Fair	3 • Workshop: Wellness Wednesday .	4 • Workshop: Thoughtful Thursday • Gallery of Student Work	5 CalWORKs Graduation Recognition Ceremony 	6
Priority Registration Week for Sum & Fall 2023						
7	8 • Workshop: Trauma Informed Care	9 • Workshop: Therapy Tips Tues: Trauma Informed Systems	10 • Workshop: Wellness Wednesday .	11 • Workshop: Thoughtful Thursday • Celebrate Latinx	12 Last day to drop with a "W"	13
14	15	16	17 • Workshop: Wellness Wednesday .	18 • CalWORKs/ TRIO/EOPS Financial Aid Office Hours • Workshop: Thoughtful Thursday • Workshop: Parenting & Challenging Behaviors	19	20
21	22	23 • Workshop: Therapy Tips Tuesday: ADHD	24 • Workshop: Wellness Wednesday .	25 • Workshop: Thoughtful Thursday	26	27
28	29 HOLIDAY CAMPUS CLOSED	30	31 • Workshop: Wellness Wednesday .			



CALENDAR DETAILS

May 2023

May 2:

- Health & Wellness Fair 10:00am-2:00pm
RCC Campus on Terracina Dr.

May 3:

- Wellness Wednesday Workshop
11:00am-12:00pm Heritage Room (Bradshaw
Building)

May 4:

- Thoughtful Thursday Workshop 12:50pm-
1:50pm Heritage Room (Bradshaw
Building)
- Gallery of Student Work 12:00pm-2:00pm
Quadrangle Rm. 111

May 8:

- Trauma Informed Care Workshop
12:50pm-1:50pm Kane Rm. 205 (offered
in-person or virtual)
Zoom Meeting ID: 811 4028 0894
Passcode: 069445

May 9:

- Therapy Tips Tuesday Workshop: Trauma
Informed Systems 2:00pm-3:00pm
Heritage Room (Bradshaw Building)

May 10:

- Wellness Wednesday Workshop
11:00am-12:00pm Heritage Room (Bradshaw
Building)

May 11:

- Thoughtful Thursday Workshop 12:50pm-
1:50pm Heritage Room (Bradshaw
Building)
- Celebrate Latinx 6:00pm-7:30pm Kane
Building Rm. 140

May 17:

- Wellness Wednesday Workshop
11:00am-12:00pm Heritage Room (Bradshaw
Building)

May 18:

- Financial Aid Office Hours 1:00pm-
2:00pm Kane-202Q or virtually
bit.ly/rcc-fa-eops-trio-calworks-3
- Thoughtful Thursday Workshop 12:50pm-
1:50pm Heritage Room (Bradshaw
Building)
- Parenting & Challenging Behaviors
Workshop 12:50pm-1:50pm
Zoom Meeting ID: 933 4248 6544
Passcode: spcmeeting

May 23:

- Therapy Tips Tuesday Workshop: ADHD
2:00pm-3:00pm Heritage Room
(Bradshaw Building)

May 24:

- Wellness Wednesday Workshop 11:00am-
12:00pm Heritage Room (Bradshaw
Building)

May 25:

- Thoughtful Thursday Workshop 12:50pm-
1:50pm Heritage Room (Bradshaw
Building)

May 31:

- Wellness Wednesday Workshop
11:00am-12:00pm Heritage Room (Bradshaw
Building)